



# ARE YOU A CARETAKER OF SOMEONE WITH A MENTAL ILLNESS?

**Need help coping?**

## ENROLL NOW! NAMI FAMILY TO FAMILY EDUCATION PROGRAM

The NAMI Family to Family program is created especially for caretakers of adult\* children having a diagnosable mental disorder

BY REGISTRATION ONLY: Call 740-397-3088 [to register](#)



WHO CAN ENROLL? Parents—Close relatives—Friends—Anyone who is involved in caring for an adult with a persistent and serious mental illness.

\*NAMI Basics is designed for children 18 and under. Family is appropriate, but focus is 18/up

The course provides insights into, and resolution of, the profound concerns experienced by caretakers as they strive to cope with the realities of serious mental illness. A wide range of information is presented that helps participants to learn and understand how living with these conditions affects their loved one.

Each course:

- Meets weekly for 12 weeks
- Is offered free of charge
- Is taught by trained NAMI family members who have relatives with mental illness
- Follows a structured format covering issues frequently faced by families dealing with mental illness and teaches the knowledge and skills that are needed to cope more effectively.

OFFERED IN TWO LOCATIONS

**WHEN: STARTS** MONDAY, MARCH 11, 2019 (AT TWO LOCATIONS)

**TIME:** 6:00—8:30 P.M.

**PLACE:** NAMI KLCO, 15 E. Vine Street Front, Mount Vernon, OH  
THE MAIN PLACE — 112 S. 3<sup>RD</sup> ST., NEWARK, OH

**ENROLL NOW—CLASS SIZE IS LIMITED**

[CALL TO ENROLL—extended enrollment deadline— March 25, 2019](#)

NAMI (NATIONAL ALLIANCE ON MENTAL ILLNESS) KNOX LICKING COUNTY OHIO  
IS A 501 (3) (C) SELF-HELP ORGANIZATION STRIVING TO MAKE LIFE BETTER FOR FAMILIES AND INDIVIDUALS LIVING WITH A MENTAL ILLNESS CONDITION — THERE IS HELP AND HOPE—

NAMI KNOX LICKING COUNTY OHIO  
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