

JOIN NAMI TODAY!



**NAMI KNOX LICKING COUNTY OHIO
SUPPORT – EDUCATION --- ADVOCACY – RESEARCH**

NAME _____

ADDRESS _____

CITY, ST., ZIP _____

TELEPHONE (____)-_____ **CELL PHONE** (____)_____

E-MAIL: _____

- YES, I want to join NAMI - \$40 Renewal \$40**
- Family membership \$60**
- NAMI offers an “OPEN DOOR) membership to those who cannot afford the regular fee) \$5**

Mail to NAMI Knox Licking County Ohio, 15 E. Vine St. Front, Mount Vernon, OH 43050

- I am interested in volunteering*
- servicing as a Trustee*
- NAMI program teacher*
- Support group facilitator*
- Servicing on a committee*
- Sharing a talent*

I do not want to become a member at this time, but please keep me on your mailing list for upcoming events and newsletter

Memorial contributions and other gifts through your will, or other means are appreciated. Gift memberships for families or individuals with mental illness are available.

NAMI Knox Licking County is a 501 (3) (c) nonprofit organization we receive no federal, state, or local funding. All donations are tax deductible.



Putting the pieces of mental health together since 1949

BECMOING A MEMBER.....

As a member of NAMI Knox Licking County, you will join forces with parents, spouses, siblings, friends, and people with mental illness.

This is what you do by becoming a member of NAMI:

Help support the 12-week series NAMI FAMILY TO FAMILY CLASSES we offer two times each year.

- This free 12-week program is for families, partners, or friends of a loved one diagnosed with a mental illness. Participants gain insight into the serious primary and other mental disorders. The curriculum addresses self-care, problem solving, communication techniques, and empathy. The biology of the brain, medications, recovery, and rehabilitation is also explored. The course is taught by NAMI trained volunteers who have experienced mental illness in their family – and sometimes themselves.

Help support to offer free NAMI support groups.

- Currently NAMI Knox Licking County makes four groups possible:
 - Peer support the 1st and 3rd Thursdays of each month at the Gay Street UM Church, 7:00 – 8:30 p.m.
 - Peer support the 2nd and 4th Thursdays of each month at the NAMI office, 7:00 – 8:30 p.m.
 - Peer support every Wednesday at office 2:00 – 3:00 p.m.
 - Family group – 2nd Tuesday every month at Faith Lutheran Church, 170 Mansfield Ave, 7:00 - 8:30 p.m.

HERE'S WHAT YOU GET IN RETURN:

- **For \$40,* the cost to become a member, you become a member of the National, State, and Local (us) organizations.**
- **You get an annual subscription to the national magazine *The Advocate*, and their newsletter “Voice,” and NAMI Ohio’s *News Briefs*. These are excellent publications.**
- **Brochures, literature, fact sheets, and books on mental illnesses and related issues in our library are available to our members**
- **And discounts are available to national and state conferences for members.**

***Open door memberships are also available to students, or those whose circumstances cannot afford \$40. The cost is \$5 or any amount you can afford.**

**Thank you for becoming a member
Memberships are renewable each year**

**NAMI KNOX LICKING COUNTY OHIO
15 E. Vine Street Front
Mount Vernon, Ohio
740-397-3088 FAX 740-392-4008**

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